

TREATMENTS

It is your special occasion and you can be pampered in any way you want. Our specialty is the holistic Hawaiian Traditional Old Style Lomi Lomi massage which can be modified in endless ways.

Relax your mind, ease your body, sooth your soul and open your heart using one or a combination of our available treatments.

Pure Indulgence Lomi Lomi \$95.00 | 90 mins

A beautiful Hawaiian bodywork massage with flowing ocean wave-like movements over the body to put your mind, body and soul at ease. Truly the deluxe of all massage styles.
+ Free Gift of Handmade Blissful Bath Salts.

Express Lomi Lomi \$70.00 | 60 mins

This is the full Lomi Lomi experience in only 60 minutes. Unwind your mind and indulge your body.

Back, Neck, Shoulder, Scalp \$50.00 | 45 mins

...is just that. Great for those not yet ready to venture into the full Lomi Lomi but with the flowing Lomi movements for the specific upper body tension soothing.

Scalp Massage + Coconut Oil Hair Nourish \$30.00 | 30 mins

This is a lovely quick fix that leaves you feeling at peace, completely relaxed and has your hair nourished in Coconut Oil. Once you wash out the oil after your session, it will be soft, silky and smooth.

Pedicure \$35.00 | 45 mins

This is a fabulous ending to your massage session. Includes a heated foot spa, foot massage, pedicure and toe paint with your choice of long lasting OPI polish to leave your feet sparkling and worth showing off.

Deluxe Pedicure \$50.00 | 55 mins

Add onto your pedicure reflexology moves that totally make your feet feel soft, supple and ready for dancing.



"Love what you do, do what you love"

CONTACT DETAILS

If you have any questions in relation to our services, availability or making a booking, please feel free to contact us via email or phone at any time.



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Tweed Heads, NSW



ina bliss
healing massage therapy

Kylie Bay

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Coorparoo, Brisbane, QLD

ADDITIONAL INFORMATION

Amanda and Kylie both operate from our homes for massage and have **other services/treatments available**. If you would like to indulge in your very own authentic Hawaiian Lomi Lomi experience please feel free to give either of us a call.

Gift Vouchers are also available from Amanda or Kylie for our at home massage treatments.

Please note that **cash payment** upon each massage treatment is payable as we do not yet have EFTPOS.

We do not ask for a **booking deposit**, however should you need to cancel a booking, please respect that we would appreciate at least 48 hours notice.

To read the **wonderful story on Traditional Old Style Lomi**, its history and lineage, please feel free to visit www.learnlomilomi.com



"Every human being is the author of his own health or disease"



MOBILE MASSAGE DESIGNER PAMPER PACKAGES & PARTIES

indulge
reconnect
pamper
massage
relax

Brisbane, Gold Coast, Northern NSW



ABOUT US

Amanda Scott of Tweed Heads and Kylie Bay of Brisbane have teamed up to provide an holistic nurturing mobile massage service. We have each have been enthusiastic and **passionate Lomi Lomi therapists** operating from our own home based businesses for some time.

We specialise in the use of an ancient Hawaiian massage modality style— Traditional Old Style Lomi Lomi. This particular style is unique in that is one of the remaining massage styles taught by lineage. Both completing all three levels of this lineage based modality, we have trained under the same Kahu— Brisbane local Dawn Charlton.

This way or method is much more than a bodywork therapy, it's also a philosophy of **giving from the heart and sharing with others** a means of transformation that goes far beyond the body and mind.

The most important aspect of Lomi Lomi is that it instils a sense of peace, harmony and overall well being.

Amanda brings with her a wealth of pampering experience with her trade of hairdressing and previously running her very own salon. Kylie has a previous life in the corporate office environment which means both therapists have personal and professional experience of what it is like to work with very busy and constantly changing day to day life.

After realising we had something in common as to why we chose and fell in love with Lomi Lomi - **we now wish to be of service and to bring the gift of harmony into the lives of as many people as possible.** With calm, open hearts and willing hands, this is our way of helping make the world a more peaceful place to be.



With the use of this unique and wonderful massage style we can now travel to various locations to provide you with a safe place to be at ease with all in one's world and find some much needed stillness within.

HAWAIIAN LOMI LOMI

With hypnotic moves of the hands that flow soothingly over the body like the powerful waves of the ocean rolling over the shore - you are destined to feel the healing powers of the Lomi Lomi effortlessly seep through to your very core.

Polynesian in tradition, the **Traditional Old Style Lomi Lomi** is an holistic healing tradition beyond simple massage.

This modality works by stimulating the natural flow of energy within the body in order to bring about changes in the physical, emotional and spiritual levels. Stress and tension is released so that energy can flow freely once more.

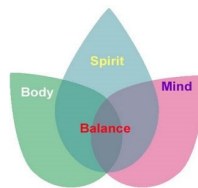
sooth your body | release your mind | nourish your soul

Lomi Lomi naturally allows ones body, mind and soul to reconnect peacefully encouraging effortless relaxation and peace. It is deeply nurturing, soothing and rejuvenating. **It truly is the deluxe of all massage styles.**

Nurture yourself with this ancient Hawaiian modality for a complete body and soul soothing that will take you on an inner journey to your serene state of being.



Benefits of Traditional Old Style Lomi Lomi Massage



- * physical and emotional **nurturing**
- * body and mind **relaxation**
- * **easing** of muscular
- * lymphatic drainage and **cleansing**
- * improvement of **circulation**
- * **rejuvenation** of vital organs
- * **detoxification** of the body
- * stimulates meridian points
- * enables energy to free flow once more

"You can search throughout the entire universe for someone who is more deserving of your love and affection than you are yourself and that person is not to be found anywhere. You yourself, as much as anybody in the entire universe deserve your love and affection."

PARTIES & PACKAGES

Thinking of planning a group weekend away, hen's night or looking for someone to provide massage at a local or corporate event? We may be your **professional, friendly, happy and holistic mobile massage solution.**

Mobile massage with the Hawaiian Lomi Lomi is now available to the Brisbane, Gold Coast and North NSW region. Our services are available for, but not limited to:

Yoga/Goddess Retreats

Women's Wellness Group Events

Pamper Days, Hen's Nights

Girls Night In, Birthday Parties

Bridal Parties, Office Pamper Days

Charity Event, Group Special Occasion

Conference Groups, Corporate Promotion Events

Fundraising Event, Staff Appreciation Programs

Wherever you wish to hold your group event for a **half day, whole day, week or weekend**, with Amanda and Kylie at your service—you can all enjoy your relaxed state together and not have to worry about the traffic or getting back home in a hurry.

A **minimum of 4 people is required** for any mobile pampering massage booking although the more the merrier.

A range of **customised massages are available** for group events as this allows everyone to indulge in some Lomi loving depending on time available and budgets.

To ensure the least amount of worry on your part, **included in our rates** is:

- ✓ all travel
- ✓ equipment
- ✓ linen
- ✓ oils
- ✓ music.

Please see our treatments menu over the page.

