

Your Blissful Connection

an holistic healing massage service dedicated to helping you connect with your serene state of being



Last month celebrated the one year anniversary of **ina bliss**. This month celebrates the welcome of the splendid season of Spring. We welcome beach weather, sunshine and storms, singlet's, havaianas, spring cleaning, barbeques and much more. Along with Spring I launch the new range of my very own lovingly hand-made and all natural body care products to help you prepare for smooth summer skin. Further details below...

Next edition:
Health Fund Cover &
Why I don't have it.

Introducing: Blissful Being Body Care Products

A range of blissful all natural hand-made body care products created to help you maintain your blissful state of being.

In the last few months I have been inspired to diversify my creative skills and delve into the world of making my own range of body care.

Please welcome to **ina bliss**, the launch of Blissful Being Body Care Products.



The inspiration for my range was to create natural products that are skin friendly and complimentary to the Hawaiian Lomi Lomi massage.

The traditional and current oil of choice for the Hawaiian massage is pure coconut oil. This oil has numerous health benefits for your skin and whole body. It was this traditional and effective oil of choice that influenced me to create my own easy to use products.

As part of my range I have created a variety of **blissful bath soaks**, added a range of cleansing salt and sugar **body polish's** and designed a range of divine 'I Am' affirmation **body/massage oils**.

All products are lovingly hand made by me using only natural ingredients. Exfoliants such as various salts of the earth, sugar granules and ground coffee beans are used for the polishes and soaks. A range of natural skin soothing oils of almond, macadamia,

coconut and jojoba are selected for the body oils and polishes.

All products are blended with pure essential oils for their aromatic scential and healing properties along with whole or crushed soothing dried herbs.

The range will remain small, and unique to **ina bliss**. All products are simple, lovely to use and of course very affordable whilst easy on our precious environment. I am always on the lookout for new product ideas and varieties so stay tuned.

- 'I Am' affirmation body oils \$10
- Blissful bath soaks \$5—\$15
- Cleansing Body Polish \$20

Check out the range next time you book in for a massage or visit online http://www.inabliss.net/Blissful_Being_products.html

Coming Soon to **ina bliss**:

Warm Stone Massage



Ever enjoyed the amazing sensations of warm smooth stones on your skin? Coming soon to **ina bliss** is the addition of traditional healing stone massage to the Lomi Lomi experience.



ina bliss

healing massage therapy

Kylie Bay
0407 200 170
kylie@inabliss.net

